

THE CHINA GROVE 5K MAIN STREET CHALLENGE

COURSE

A USATF certified (NC-04022-PH) 3.1 mile straight down and back night race for recreational and competitive runners.

ENTRY FEES

5K prior to June 6\$20
June 6 to Race Day\$25

TIMING AND SCORING

FAST and ACCURATE Chronotrack timing by RMS SPORTS
www.rmssports.com

AGE GROUPS

11 & under, 12-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.

AWARDS

Top 3 Male and Female in each age division.
Top 3 Overall Male and Female.
Top 2 Masters Male and Female.
Top 2 Grand Masters Male and Female.
Medals to all participants age 11 & under.

CASH AND PRIZES

\$100 to first overall Male and Female.
\$50 if new course record Male and Female.
Course Record
Female - Laura Swan - 17:17
Male - Devin Swan - 14:49

Disl's Sporting Goods gift cards to overall, masters, grand masters and age group winners, Male and Female.

Phidippides Sports Center \$50 gift certificate to first local finisher, Male and Female.

SHIRTS

First 500 participants will receive a Technical T.

Overall Winners are not eligible for Age Group Awards!
Door Prizes will be drawn from pre-registered runners only.



COURSE

A down and back course on Main St.

AGE GROUPS

5 & under, 6-9, 10-13

AWARDS

Top Three Overall Male and Female.
All participants will receive a medal as they cross the finish line.

ENTRY FEE

1/2 mile Fun Run\$10



TOT TROT

COURSE

A 200 yard, down and back dash for ages 5 and under. Participants will receive a #1 vaCe bib and a medal.

ENTRY FEE.....FREE

RACE DAY INFORMATION

Registration 6:30 pm
Tot Trot 8:15 pm
1/2 Mile Fun Run 8:30 pm
5K 9:00 pm
Awards 10:00 pm

REGISTRATION

Return form to the
J. Fred Corriher, Jr. YMCA
950 Kimball Rd.
China Grove, NC 28023

Race Day:
In side St. Marks Fellowship Hall
326 N Main St

On-line:
www.active.com

RACE LOCATION

China Grove Police & Fire Department
333 N Main St
China Grove, NC 28023

WEATHER

Race runs rain or shine. In case of inclement weather, the awards ceremony will be held inside.

FURTHER INFORMATION

Contact: Aaron Crowe
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All proceeds benefit the YMCA of Rowan County "Invest in Youth" Program